

# The Sidney Review

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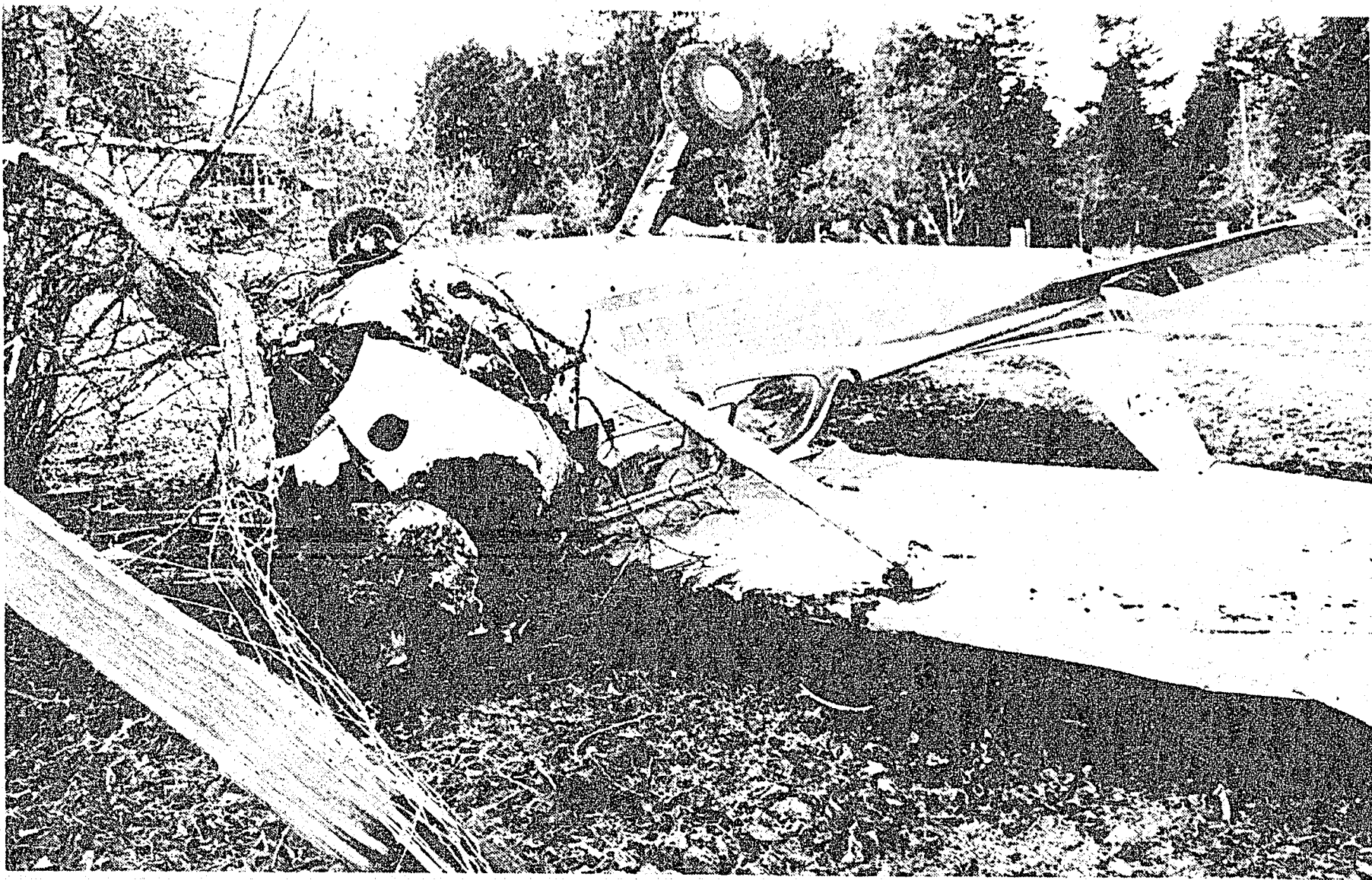
ISSN 0700-8228

SIXTY-SIXTH YEAR, No. 5

Wednesday, February 1, 1978

ESTABLISHED 1912

20 CENTS



Gordon Ewan photo

## Crash victim says 'I'll never fly again'

Valerie Wolfe of Nanaimo was always nervous about flying — now, after a miraculous escape with her husband, Brian, from a plane crash in which their rented Cessna four-seater turned over while attempting to land at a private airstrip in Central Saanich Sunday morning, she vows she will never fly again.

The couple were on a flight from Abbotsford to Victoria and received only minor injuries when the plane "cartwheeled" after one of its wings clipped a

tree at the southern end of the Butler Howroyd airstrip south of Keating Cross Road.

The plane overshot the runway by 170 feet and ended up on its back, entangled in a wire fence.

The couple had rented the plane for a touring weekend. They took off from Victoria International Airport Friday but said they were told not to bring the aircraft back again because of radio problems. Therefore, on the return journey Wolfe led a flight plan from Abbotsford to

Butler's airstrip.

Wolfe said it was the first time he had landed there and he had "got into a position where I didn't feel I could stop in time."

Attempting to go round for another landing approach, he applied full throttle, retracted the flaps and put down the nose to gain more air speed, but the right wing caught the top of a small tree and the plane cartwheeled over on its back.

Wolfe shut off the ignition in case of fire and undid the seat belts but said

he remembers little of the crash itself. He didn't remember, he said, whether he and his wife crawled away from the plane or were helped by rescuers.

Man on the spot was Victoria pilot Roy Parrett, 1708 Carnegie, who was at the airstrip when the Cessna crashed. He thought Wolfe wasn't going to make it when he "swished by at about 50 feet."

Parrett, who raised the alarm on his ham radio, praised the prompt response of Central Saanich police. A U.S. Coast Guard

helicopter was also on the scene within minutes, he said.

The Cessna — estimated by Central Saanich police to be a write-off — was owned by the Nanaimo Flying Club for which Wolfe is a member. He estimated its value at between \$15,000 and \$20,000.

Wolfe has held a pilot's licence for two years and clocked 200 hours flying time, he said.

A Ministry of Transport investigation of the crash was conducted Sunday.

## Iroquois wreck protected by Heritage Conservation Act

Minister of Recreation and Conservation Sam Bawlf has issued a "hands off" order to divers who might be contemplating making off with souvenirs from the wreck of the SS Iroquois.

The ship which went down in 14 fathoms half-a-mile off Shell Island near the entrance to Canoe Pass has been designated for protection by the provincial government under the Heritage Conservation Act.

The Review first reported the finding of the wreck Dec. 7 when

it was learned Sidney and Vancouver divers from the Underwater Archaeology Society of B.C. had located and identified parts of the vessel — a steam passenger ship which foundered off Sidney April 10, 1911 with a loss of 21 lives.

Saanich and the Island MLA Hugh Curtis said he was concerned when the Review first publicized the finding of the wreck — Bawlf took action, he said, to protect the wreck and its cargo from damage by vandals.

The protection designation means no part of the wreck can be collected except by permit issued

under the Heritage Conservation Act. Sidney RCMP will patrol the area to protect the site, Curtis said.

The SS Iroquois was the main link between the Saanich Peninsula, the Gulf Islands and Victoria in the earlier part of this century.

Bawlf is considering a proposal by Curtis, on behalf of the archaeology society, the Sidney Chamber of Commerce and the Sidney Museum for a survey of the wreck and the recovery of historic artifacts for the Sidney Museum.

## Westport cave-in 'under control'

North Saanich mayor George Westwood has called it a "dog's breakfast" and municipal engineer Leo den Boer described it as "very pliable and unstable" but, according to Thurber Consultants soil engineers, the situation is under control now.

The site of a massive cave-in Jan. 7 at the excavation for Westport Marina expansion near Tsehum Harbour has been the concern of the local municipality, the provincial ministry of highways as well as Westport's engineer consultant and project contractor S. and R. Rentals, since a clay bank gave way three weeks ago.

Westport began excavating the harbour, just east of Pat Bay Highway, to make room for about 100

more berths last summer.

After the recent cave-in, highways engineers were at the site to study any possibility that Pat Bay Highway might sink and since then, according to Westwood, the municipality has been watching the site closely in the event of another mishap.

At present, Thurber engineer Geoff Buck says he has no idea how much repairs to the bank which slid away under the marina manager's house will cost.

He explained that an amount of material has been cut away in a bench from the top of the slide area to "take the weight off" and a load of rock has been placed below this bench, near the water to hold the unstable material in place.

He said that further down in the hole some more excavation may be done to create a larger yacht basin.

The engineer said that one of the contributing factors to the cave-in, besides the fact that the lowest tide of the year occurred Jan. 1 along with exceeding heavy rains, was that previously unknown artesian wells were discovered on the site after the slide.

When material was removed from the top and the load was reduced the water pressure from the artesian wells caused the clay to be displaced laterally, he said.

Buck said his firm had not been asked to produce a study of artesian wells on the site and "we were not really familiar with the overall plans of the marina," at the beginning



MAYOR GEORGE WESTWOOD  
... 'dog's breakfast'.

of the project. "They (the marina executives) were in charge of the project and we became involved after the slip occurred."

## McCarthy to meet the people

Grace McCarthy, deputy-premier and minister of travel and tourism, will be addressing the Sidney and North Saanich Chamber of Commerce at 10 a.m. Thursday at the Sidney Hotel.

The meeting is open to the public, said Chick Goodman, chamber president.



## Man loses finger in marine mishap

A marine mishap Saturday night resulted in a 58-year-old Central Saanich man losing a finger from this left hand.

Vern Bruce, who lives aboard a 40-foot vessel in Saanich Inlet, suffered the injury when he was trying to raise the anchor.

He caught his finger in a winch and his call for help

over marine radio was heard by monitors who called Central Saanich Police.

Volunteer firemen and police found the Percy Shatford anchored off the foot of Merchant, and after paddling out to the victim in a dinghy he was taken to Resthaven Hospital for treatment.

## Hotel's plan to aid Mothers' March falls flat on its face

A well-advertised campaign to donate the proceeds of one night's dinner at the Victoria Airport Travelodge, 2280 Beacon, fell flat on its face Sunday when only three people showed up.

Peter Dentre, general manager of the motor-hotel, said the "whole thing was very disappointing — we spent more on advertising than we took in from dinner."

"I think next year we'll just make a straight donation," Dentre said that two hours, from 5 to 7 p.m., were set aside Sunday and the entire proceeds were to go to the Mothers' March campaign for crippled children.

These hours were selected, according to the manager, because they are usually the prime business times.

But only three people came down Sunday to have dinner during those hours, and ironically not one of them came because of the campaign, in fact they had not even heard of it.

Dentre said that about \$60 was spent on advertising the project through newspaper ads, fliers delivered to houses and a large sign which was erected on Beacon Avenue.

## Jubilee medal award

Peggy (Margaret Iris) Lannon of 820 Birch Road, Sidney, was mystified — and delighted — when she received the Canadian Silver Jubilee Medal by registered post from Ottawa last Friday.

She had to wait until Monday when she went in to work at Sidney town hall before the mystery was cleared up. The medal is an expression of appreciation of devoted service and its award signifies the esteem in which recipients are held by their associates.

Peggy, who works mostly with the motor vehicle branch at the town hall, had her name submitted by her bosses.

And it's not the first Peggy has been honoured by the town. Last year the town named a road after her — Lannon Way, near the new Sidney elementary school.

Commemorative medals are struck from time to time to mark important anniversaries and other great

occasions. The Canadian Silver Jubilee Medal has been created to commemorate the 25th anniversary of the Queen's reign.

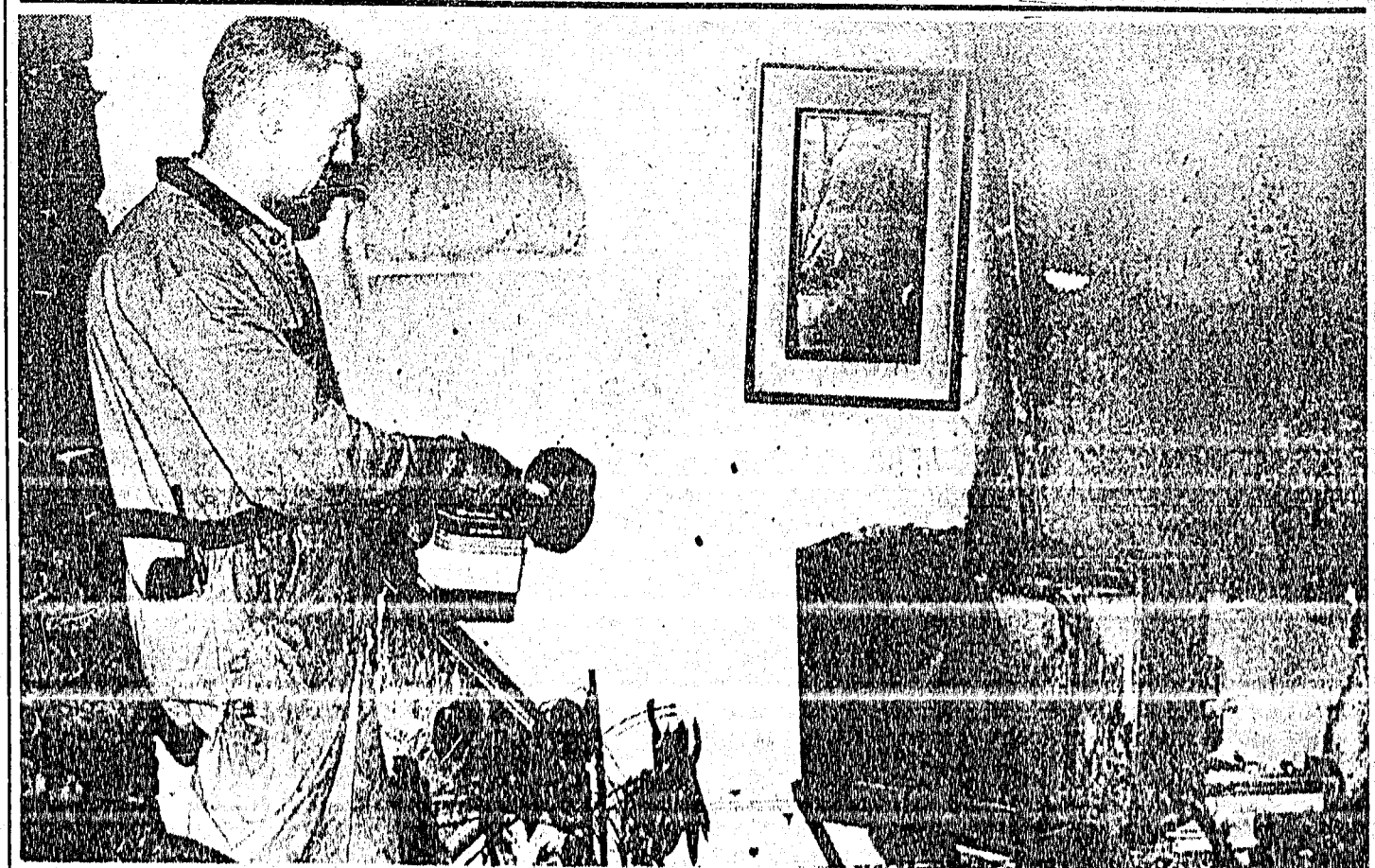
It measures one and one-quarter inches in diameter, is made from sterling silver and produced by the Royal Canadian Mint.

## Hangar to be demolished

A spokesman for the Pat Bay Oceanographic Institute told The Review that the old green hangar with the wooden frame located near the float plane docks at Pat Bay is scheduled for demolition today.

The demolition was contracted out to Bernie Rentals of Central Saanich.

The second large hangar at the site of the temporary institute is still being utilized, said the spokesman, and will not be demolished.



A luxurious waterfront home on Seaclyffe Road suffered previous interior damage following a television set fire Monday afternoon. An alert neighbour, Jim Gilbert noticed smoke pouring from the home owned by lawyer, Robert Heath, notified North Saanich Fire Department and proceeded to extinguish the main force of the livingroom blaze before volunteer firemen arrived minutes later. North Saanich Fire Chief Ron Evans told

The Review that people leaving their home, even for a few hours, should unplug their TV sets. "Particularly the so-called instant on type of set." "The fire was localized in the immediate area of the television set," said Evans. "But smoke and soot damage caused by the blaze has devastated the rest of the home."

(Review photo by Jim Gilbert).

## Man dies, driver injured in accident

An accident on the Pat Bay Highway at Keating Cross Road Friday took the life of 19-year-old Richard Michael Martin, 723 Haliburton Road, Saanich, a passenger in a 1976 Triumph driven by Christopher Michael Rock, 3680 Cadboro Bay Rd. Rock is in "fair" condition

in Jubilee Hospital with a broken jaw, suspected skull fracture, concussion and severe lacerations. Martin was thrown clear of the overturned vehicle, while Rock had to be pried from the wreckage.

Police said the sports car was northbound on Patricia Bay Highway at an ex-

cessive speed. The driver attempted to make a left turn west onto Keating X Road which merges into the highway halfway down Mow's Hill. The vehicle struck a highway marker sign and rolled over and over.

A coroner's inquest will be held.



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**We'll be wearing sailor hats, bell bottoms**

There's going to be a Days celebration this year as Captain Cook steps into the picture. Because the Captain Cook Bicentennial coincides with Sidney Days, the committee in charge of Captain Cook celebrations decided it would be great if everyone dressed in the nautical theme - sailor hats, bell-bottom slacks and jerseys.

Ald. Eleanor Sowerby, along with committee members Chick Goodman and Denis Pacquette, hopes residents will get into the spirit of things and dress up.



ALD. ELEANOR SOWERBY

nautical theme.

The committee is tentatively lining up a number of events, some of them in addition to the usual Sidney Days happenings:

- A Captain Cook essay contest for children in Saanich schools with Captain Cook books for prizes.
- Artwork and model ships to be displayed in a building.
- Arts and crafts on-the-street sales.
- Decorate the waterfront with flags, etc. An arrangement could be made for navel cadets to lower the flags each night, Sowerby said.
- Boats, boats and more boats. Sowerby hopes to get every kind of boat down here into the harbour and she'll be contesting marinas for their co-operation. Lots of boat races are planned.
- Indian reserves should be involved with their canoes and crafts.



JEAN JONES heads up teen centre programs.

**Programs need support**

It's not often a plea for a donation is met with an amount which exceeds the request - but it does happen.

Central Saanich council has responded to the needs of the Peninsula Community Association with generosity - an appeal from the group for \$3,000 has met with a promise of \$4,500.

Council will also send a letter to the community grants division of human resources supporting the association's application for a grant to carry on its programs for another year.

Jean Jones, the association's program director, is more than thankful for council's support - both in terms of the grant and its backing for ongoing funding.

Federal funding for the group finishes March 31 and the money is needed to continue two programs - teen centres at Bambrrough Bay and Cordova Bay - and pay salaries for five workers.

The centres play a vital part in helping to keep youngsters out of trouble. They provide recreation and cultural activities for youngsters aged between 13 and 18 and arose out of an identified need, Jones said.

The need speaks for itself in a letter

one of the youngsters wrote in support of the grant application to keep the centres going.

"I used to get in a lot of trouble last year but since I joined TAG I haven't been in nearly so much trouble, and when I have been in trouble I've been able to talk my problems out. I really think this program should be kept going."

Activities at the centres are "not just for kids in trouble", Jones said. They provide a variety of alternative programs - special trips, sock hops, fund raising, car washes, community work - in which youngsters can use their own programs.

And if they do have problems, association workers - who work hand-in-hand with school counsellors, probation officers, mental health and child care workers, police and human resources - are on hand to help solve them.

If human resources approves the association's application for funding, another program - aid for the peninsula's aged and handicapped run by Jeanette McNamara - will also be able to carry on.

Grassroots packed 'em

It was curtain call after curtain call for a tired but happy bunch of Parkland school students who performed Godspell at the McPherson Theatre four nights last week.

The Grassroots Theatre Company played to packed houses each night - every seat was sold out, said Doug Bambrrough, Parkland's drama director.

He gave students credit for "tremendous courage and dedication." They were writing final exams during the day and doing the show at night, he said.

McPherson Theatre's board of directors was delighted with the performances, Bambrrough said. "They're willing and anxious for us to come back and do another show."

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**Alcohol treatment centre for professionals, executives**

Gillain Manor, a private \$175-a-day rehabilitation facility for alcoholics, will be completed in time for a mid-summer opening, Abacus Cities has announced.

The company has entered into a 60-year, \$22 million lease agreement with Farmer Construction of Victoria. Under the arrangement, Farmer will complete the three-story, 67,000 square foot centre, abandoned two years ago by a group that had encountered financial difficulties in trying to develop the project.

Farmer Construction will then lease the premises to Abacus Cities and its subsidiary, Gillain Manor Ltd.

The centre will accommodate up to 100 patients at one time, with an average stay of 28 days at a cost of \$4,900. George Strachan, executive director of the project, estimates recovery rate for patients could be as high as 85 per cent.

Strachan organized the Alcoholism Foundation of Alberta and from 1953 to 1965 directed a complex of care and preventative services. A consultant to the government of Alberta from 1965 to 1972, he established the Henwood convalescent centre and reorganized all other alcoholism and drug services under the aegis of the

Alberta Alcoholism and Drug Abuse Commission.

William Rogers, president of Abacus Cities, said one in 10 adults have alcohol-related problems. "That's one in five being affected to some degree."

He said, "We're looking specifically at the professional and executive levels, and in this group the effects of alcoholism constitute a tragic loss to their families and the community."

Rogers said Abacus would like to see Gillain Manor become the Mayo Clinic in alcoholism treatment.

The treatment centre is located on the slopes of Mount Newton.

**New acute care wing opens in April**

Official opening date of the new 75-bed acute care wing at Saanich Peninsula Hospital on Mount Newton is scheduled for the first week in April, a spokesman for the hospital said Monday.

Transfer of patients from Resthaven Hospital will take place shortly after the opening. Most of the equipment from Resthaven will be moved to the Saanich Peninsula Hospital and the majority of Resthaven staff will be transferring to the new acute care wing; with several departments heads commencing work in the new hospital March 1.

Mrs. Helen Gernsey of the Canadian Council on Hospital Accreditation conducted an accreditation survey of the extended care wing of the hospital Jan. 12, said Mrs. Rose Ruse, reporting for the Saanich Peninsula Hospital Board.

Community interest is high regarding the new new acute care wing and the board has expressed its willingness to speak to any organization, Ruse said. Clubs or organizations wishing to have a speaker should contact hospital administrator John Stevens at 652-3911.

Hospital board members are Claude Butler, G.O. Cumpston, Mrs. E. Evans, Mrs. N. Horth, A.D. MacKenzie, A.S. McNeil, Dr. A. Moffoot, G. Riviere, Mrs. R. Ruse and Mrs. M. Tangye.

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# 'Cruel act' maims dog

Just a few short minutes after they had let their spayed part-Husky part-Samoyed family pet out into their yard at dusk last Sunday evening, the Caffelises of 6820 East Saanich Road heard it whimpering and attempting to get up the back steps. It was bleeding profusely and examination showed it had been shot through its hind quarters.

A veterinarian said it had likely been shot by a small calibre bullet at close range from above. The dog is reported to be recovering satisfactorily, however, the veterinarian said it was one of the "cruellest, most wanton acts" he had ever seen.

Central Saanich police investigating the incident talked to several people in the neighbourhood. All told the police the victim was a quiet friendly animal, and was hardly ever seen.

The Central Saanich animal controller confirmed that he had never had any complaints about the dog, nor were there any recent complaints of dogs running at large in the neighbourhood, he said.

Police, though, did receive information that some youths had been seen using a pellet gun in some adjoining open fields sometime previously last fall and they believe a high powered air rifle was the weapon used.



Sod turning ceremony took place Tuesday morning at construction site of future club house for Sidney Army, Navy and Air Force Club on Fourth Street. Wilf Hetman, original chairman and past president of the club, did the spade work and other presidents, Dennis Gallagher, Jack McLaughlin and Mike Kobierski, were also present. John Graeme, of Graeme and Murray Consultants, was at the site to sign the contract and construction is due to start today. Graeme said the project is expected to take about three months and the final building will be in excess of 5,000 square feet in area.

## The Energy Savers

by Richard Charles

### Running low on gas

Do you know how much gasoline we use each year? About 10 billion gallons — that's over 400 gallons for each man, woman and child in Canada — and we could probably pour one or two billion gallons down the drain for all the good they do us.

Can you picture all the oil wells, refineries, pipelines, tankers, tank trucks and filling stations it takes to deliver this ocean of gasoline to us, and the energy used in doing it? But, despite the price, which is steadily creeping up toward the world level of \$1.50 a gallon, we use and waste more gasoline each year, and no one can be sure how soon the wells will run dry.

Ideally, we should all be driving cars that give at least 50 miles to the gallon. But, as these will not serve everyone's needs, we can at least see that our cars use as little fuel as possible by keeping them in top mechanical shape.

The Champion Spark Plug Company carried out some tests which showed that almost half of the cars in the Toronto and Montreal areas were badly maintained and wasted fuel, polluted the air excessively or otherwise performed badly. They said that the fuel efficiency of cars could be improved by an average of 9 per cent. They reduced one car's fuel consumption by 55 per cent.

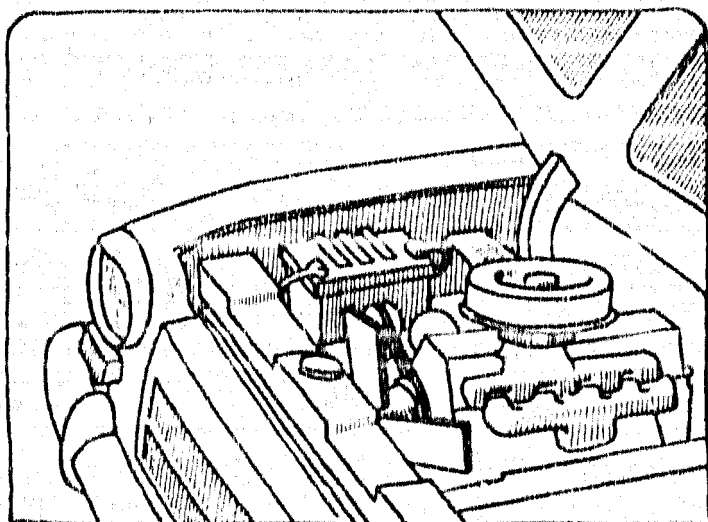
The Office of Energy Conservation, Department of Energy, Mines and Resources, estimates that good car maintenance increases fuel economy by 15 per cent over a poorly maintained car. They explain proper maintenance fully in a publication called The Car Mileage Book, which is available free if you write to Box 3500, Station C, Ottawa, Ontario, K1Y 4G1.

Winters are especially hard on cars. The book recommends a major tune-up in the fall to help make your car last longer and save on fuel. This involves a thorough check to rectify any faults in the following items:

- fuel system — carburetor, air cleaner, fuel lines, fuel filter, emission controls;
- ignition system — spark plugs, ignition leads, coil, distributor (for leads and insulators on electronic ignition), timing;
- cooling system — radiator, hoses, thermostat, coolant (replace it each year);
- oil — change oil usually every 2,000 or 3,000 miles, and replace oil filter at every other oil change;
- mechanical — heat riser valve, control linkages, compression, motor mountings;
- electrical — alternator, voltage regulator, battery, starter, block heater;
- exhaust system — look for weakened spots in muffler and all pipes;
- drive train — transmission, transmission linkage, differential fluid;
- undercarriage — drive shaft, shocks, steering linkage; also for lubrication and wheel-bearing repack instructions, see your owner's manual;
- brakes — linings, master cylinder, parking brake.

If salt is used on the winter roads where you drive, have your car rustproofed, but insist on a guarantee; or have the underside of your car sprayed with used motor oil before or during winter. Also, if possible, wash the underside of your car at a do-it-yourself car wash, and pay special attention to the places where salt and dirt collect.

Whether you are a do-it-yourselfer or not, you can pick up a lot of useful information about cars and their upkeep in The Car Mileage book.



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Bleach FRENCH MAID 128 oz. <b>89¢</b>	Oatmeal Cookies DAD'S 16 oz. <b>89¢</b>	Chocolate Chip Cookies DAD'S 16 oz. <b>89¢</b>
Margarine MOM'S 1 LB. <b>2/89¢</b>	Meat Pies SWANSON Chicken, Beef, Turkey 8 oz. <b>2/89¢</b>	Fish & Chips RUPERT 30 oz. <b>\$1.89</b>
Orange Juice YORK Frozen 12 oz. <b>79¢</b>	Green Peas MCCAIN 2 lb. <b>69¢</b>	Hash Brown Potatoes SNOWCAP 2 lb. <b>27¢</b>



# The Review

Published at Sidney, Vancouver Island, B.C.  
Every Wednesday

By Review Publications Ltd.  
9831 Third Street P.O. Box 2070, V8L 3S5

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PERSONNEL AND OFFICE MANAGER — Esther Berry

GENERAL MANAGER — A.G. Dogg

Member of B.C. Division, Canadian Weekly Newspapers' Assn.  
Member Class "A" Newspapers

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EDITORIAL NIGHT PHONE 656-6042

SUBSCRIPTION RATE: \$7.00 per year by mail  
SECOND CLASS MAIL REGISTRATION NUMBER 0128

Display Advertising Rates on Application.



Page 4 Wednesday, February 1, 1978

## A ferry route to meet today's needs

Close on the heels of Sam Bawlf's reassurance that the Brentwood-Mill Bay ferry will continue, with money available to upgrade present docking facilities, comes an idea worth considering from Jev. Tothill, advisor on tourism and travel to Liberal Leader Gordon Gibson.

Tothill says it is time to change the ferry route and proposes a route from Hatch Point to the tip of the Saanich Peninsula. The ferry should have the shortest run possible with potential to serve the most people, he points out. The shorter the run, the lower the cost per crossing, he reasons, with more crossing per day.

Tothill believes it is better to use available money to build new docks for a route suited to the realities of today than to spend it removing outworn facilities that met the needs of an era that has past.

And, he says, the ferry authority could opt to extend the run into Swartz Bay — thus saving the capital cost of one terminal.

Either way, he says, everyone will gain. Operation costs will be reduced with a shorter run, a bypass to the Malahat will be maintained and commercial, tourist and resident traffic between the Swartz Bay ferry terminal or the Pat Bay Airport and the Cowichan Valley will be expedited.

We think Tothill's suggestion has a great deal of merit, and certainly one Bawlf should follow up on.

## Answer lies in prevention

Prevention is better than cure, less agonizing and less costly. One can apply that principle to a number of things but the one we have in mind is juvenile delinquency.

Court expenses, lawyer's fees, remand homes and prisons — the cost of the processes of the law are a burden on the taxpayer.

We hope Human Resources Minister Bill Vander Zalm sees it that way when his Department's community grants division considers the Peninsula Community Association's application for funding.

The association's program includes the operation of two teen centres, each of which is run by youth workers and designed to keep youngsters out of trouble. And the organizers are convinced that it works.

Such programs should be seen not as optional frills but as basic to the healthy functioning of our society. It is still a society in which children have few rights and many are subject to deprivation, whether emotional or financial.

If delinquent youngsters — many of them bitter and deprived — are to shoulder a feeling of responsibility towards society they must be convinced by programs such as these that society feels responsible towards them.

## The hazy lines of political demarcation

Every little boy or girl is born a little Liberal, or a little Conservative — so said the immortal W.S. Gilbert.

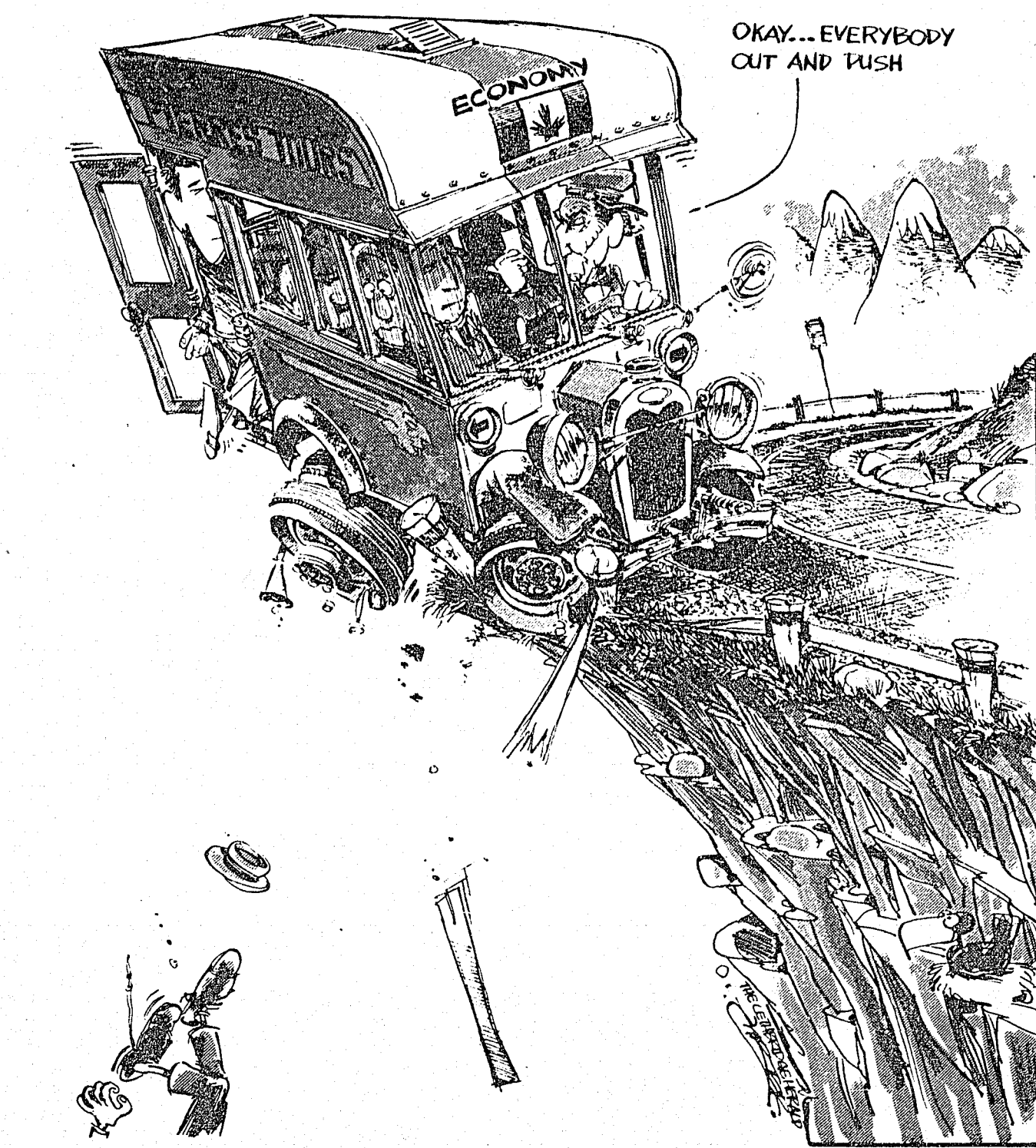
Well, maybe. But in Canada it seems they don't necessarily stay that way. Nor do they escape the charge of "turncoat" when they run up new colours. The news media has a field day raking over all those juicy quotes attacking the very faith which the convert now seeks to embrace.

Latest to suffer the slings and arrows is Oak Bay Mayor Brian Smith. Smith is fighting a supposedly uphill battle for the upcoming Soerod nomination in Oak Bay against longtime Soerod stalwart Frank Carson. Whatever else he may be, a Soerod stalwart Smith is not, being a recent convert from Tory ranks.

Closer to home, readers will recall the lack of joy experienced by Peter Pollen in his recent run at the Esquimalt-Saanich Tory nomination as well as that earlier abortive go at the Victoria Soerod nomination. (Scott Wallace had something to say about that). And someone, somewhere, whispered that three years ago he'd been something other than a Tory.

So why are we so hard on the person who has second thoughts or who maintains, as Pollen probably would, that political reality rather than personal philosophy is what has changed?

One reason is our attitude toward loyalty. Almost by definition loyalty is not a virtue which permits of academically induced exceptions. A somewhat primitive virtue, perhaps, the more so when the object of that loyalty is not itself especially virtuous.



## LETTERS TO THE EDITOR

Editor,  
The Review, Sir:

Through your newspaper I would like to bring to the attention of North Saanich taxpayers a course of action directed by their council on 16 Jan. that I find of concern.

Two applications for rezoning were being discussed, one on Lands End Road, the other off Maple Road. Neither application was in conformance with the community plan or zoning by-law, but both pieces of property were thoroughly discussed by committee "A" and council during debate on these documents last year. The present mayor and three of the current aldermen engaged in this debate and voted in favour of the community plan and zoning by-law.

Changes to both these documents were expected and must be considered if they are going to be dynamic in the interest of North Saanich residents but I was appalled to hear resolutions passed by the mayor and senior aldermen to "re-hire the planner to study the applications and recommend to council a course of action". A total of \$800 was committed for these studies, which can only result in the planner repeating what he said last year.

The point over which I am concerned is not the particular applications for rezoning (both have merit in my opinion) but the fact that after spending several thousand dollars to develop the community plan and zoning by-law, council now finds it necessary to re-hire the planner to interpret for them whether or not application for rezoning should be allowed. If this course of action is followed with any regularity we will soon find it necessary to hire a full time planner for North Saanich.

It was my impression at the time of adoption of the community plan and zoning by-laws that members of council understood what was in these documents, that they were subject to reasonable change and that they were guide lines and regulations on which future councils in their wisdom, could make decisions without costly help.

This apparently is not the case and the taxpayer is now going to foot the bill to re-hire the planner to interpret the plan so council members can understand what decisions to make in any particular instance.

O.B. PHILP  
A Concerned Taxpayer.

Editor,  
The Review, Sir:

I want to express a big thank you to everyone responsible for that wonderful show "Godspell". On Wednesday night at the McPherson Theatre, a most well deserved standing ovation was accorded.

This was a new venture for the McPherson Foundation to invite a group such as Grassroots Theatre Company of Parklands School in Sidney to perform. I am sure with the success of this production, other community groups will benefit.

Wishing Grassroots every success for the future — looking forward to future productions.  
Connie Kingerlee [Mrs.]

Editor,  
The Review, Sir:

This week I took my Sunbeam Arrow into a local service station for an oil change and a filter change. I also asked them to check on the brakes to see if they were satisfactory enough to get through the vehicle testing station.

On returning to the service station I was presented with this bill — oil \$6, filter \$4.50, lube (not asked for) \$7.50, check under car and brakes \$5. When I arrived home I checked with the operators

each year to the Crown corporation which would take over and upgrade the service.

This is the only way that we will get what we really want — the CPR to meet its obligation and an improved service.  
Jev. Tothill,  
Advisor on tourism  
and travel to Liberal  
Leader Gordon Gibson

Editor,  
The Review, Sir:

I spoke to the technician next morning bringing this minor detail to his attention. He assured me that he was aware of it but he had very carefully checked the level of the oil in my transmission and differential.

Now I realize that the service stations are having a bad time of it just now, but I ask you — is dinging a customer \$23.75 for an oil change and a brake check a logical solution?  
George Class  
9165 Inverness Rd.  
Sidney

Editor,  
The Review, Sir:

Teachers in British Columbia's elementary and secondary schools wishing to participate in Project Canada and have their pupils/students exchange correspondence, art, cassette tapes etc. and possibly exchange visits with Ontario schools are invited to send a letter (please print or type) enclosing the name and address of their school, grade taught, number of pupils/students to:

Project Canada,  
Ministry of Education,  
Ontario,  
19th floor, Mowat Block,  
Queen's Park, Bay St.,  
Toronto, Ont. M7A 1L2.

Editor,  
The Review, Sir:

I have had some correspondence with the minister of finance about RRSP's as to possible changes in the present legislation to permit a

Continued on Page 5

## Bible society plans rally

The annual rally of the Sidney-North Saanich branch of the Canadian Bible Society will be held at Peace Lutheran Church, 2295 Weiler Avenue, Sidney, on Sunday at 7 p.m. with Rev. David Cole, executive secretary of the British Columbia district as the featured speaker.

His presentation on "An African Experience" will be illustrated with slides from a recent tour which he made through Africa.

Once a year volunteers from eight local churches make a canvass of the area to distribute information on the work of the society and give opportunity for individual support.

Local branch officers to be appointed for 1978 include: Rev. Hori Pratt, president; Rev. Bob Sansom, vice-president; and Mrs. J. Gessner, secretary-treasurer.


WEATHER SUMMARY			
Temperatures	8.0°C	Rain	Nil
Max. (Jan. 26)	1.1°C	Snow	Nil
Min. (Jan. 23)	4.1°C	Preip. of year	129.6mm
Mean		Sunshine	11.3 hrs.
		Total for year	29.5 hrs.

LONG TERM AVERAGES			
Mean Max.	6.3°C	Max. Temp. (Jan. 26)	8°C
Record Max. (Jan. 24 51 & 28 60)	13.3°C	Min. Temp. (Jan. 23 & 26)	0°C
Mean Min.	-0.4°C	Min. on days	1.4°C
Record Min. (Jan. 28 50)	-15.6°C	Preip. (Jan. 26)	1.4mm
Mean	3.9°C	Total Preip. (Jan. 26)	110.9mm
Preip.	139.2mm	Sunshine	10.7 hrs.

# THE TIDE GUIDE

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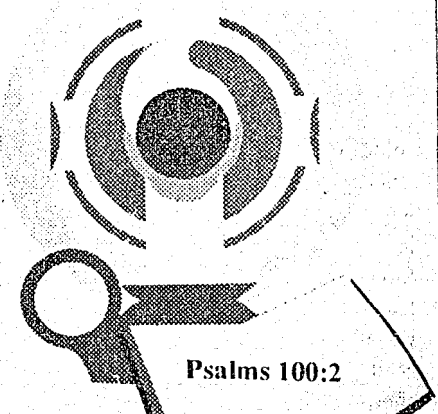
Times shown are "Standard Times".

## FULFORD HARBOUR

Thu.	0135	8.9	0450	8.5	1040	10.9	1840	2.6
Fri.	0305	9.6	0615	9.1	1120	10.9	1925	1.9
Sat.	0350	10.3	0740	9.3	1220	10.8	2020	1.3
Sun.	0430	10.7	0845	9.2	1320	10.7	2110	1.1
Mon.	0510	11.0	1000	8.8	1425	10.5	2145	1.2
Tue.	0535	11.1	1045	8.2	1535	10.3	2230	1.6
Wed.	0660	11.2	1135	7.5	1640	10.1	2325	2.4

## CHURCH DIRECTORY

Attend the Church of  
your choice this Sunday



Anglican Church of Canada  
**PARISH OF  
SOUTH SAANICH**  
  
**ST. MARY'S**  
**FEBRUARY 5**  
9:30 a.m. Matins  
Ash Wednesday  
10:00 a.m. Holy Communion  
7:30 p.m. Holy Communion  
  
**ST. STEPHEN'S**  
9:45 a.m. Praise and Worship.  
11:00 a.m. Sunday School  
11:15 a.m. Holy Communion  
  
Rev. Ivan Futter  
652-2812

United Church  
of Canada  
SIDNEY &  
NORTH SAANICH  
Rev. R. Hori Pratt  
Office 656-3213  
Residence 656-1930  
  
**ST. PAUL'S**  
SIDNEY  
11:00 a.m. Service Worship  
11:00 a.m. Sunday School  
(Baby Fold Provided)  
  
**ST. JOHN'S**  
DEEP COVE  
9:30 a.m. Service Worship  
  
**CENTRAL SAANICH**  
Rev. Melvin H. Adams  
Office 652-2713  
Manse 652-5644  
Family Service &  
Sunday School  
**SHADY CREEK**  
7180 East Saanich Rd.  
9:45 a.m.  
**BRENTWOOD**  
7162 West Saanich Rd.  
11:15 a.m.  
For transportation  
phone Rev. Adams

Brentwood College  
Memorial Chapel  
Anglican  
February 5  
**QUINQUAGESIMA**  
8:30 a.m. Holy Communion  
11:00 a.m. Morning Prayer  
Dedication of plaque to  
A.C. Privett, former  
B.C.'s Headmaster, who  
died in 1977.  
Rector:  
Rev. W.M. Dobson  
652-3860  
  
**CHANNEL 10**  
Sermonette  
Tuesday  
and Thursday

**SIDNEY  
PENTECOSTAL  
CHURCH**  
10364 McDonald Park Rd  
Pastor - Chas. Barker  
Phone 656-2545  
  
9:45 a.m. Sunday School  
11:00 a.m. Worship Service - Communion  
7:00 p.m. - The Congregation are asked to attend the Canadian Bible Society meeting at Peace Lutheran Church, Rev. Cole, B.C. Rep. will speak and show slides on the African Challenge.  
  
**Monday**  
6:30 p.m. Crusaders  
**Tuesday**  
7:30 p.m. Bible Study and Prayer  
**Thursday**  
7:30 p.m. Ambassadors

**Sidney Bible Chapel**  
9830-5th Street  
  
**SUNDAY**  
9:30 a.m. The Lord's Supper  
11:00 a.m. Family Bible Hour and Sunday School  
7:00 p.m. Evening Service  
  
**WEDNESDAY**  
7:30 p.m. Prayer & Bible Study  
  
Jesus said "I am the Light of the World"

**SEVENTH-DAY  
ADVENTIST  
CHURCH**  
Rest Haven Dr., Sidney  
SERVICES  
9:30 a.m. Saturday Study  
11:00 a.m. Worship  
7:30 p.m. Wednesday Prayer  
ALL ARE WELCOME  
PASTOR H.E. DAWES  
656-6940

**BETHEL  
BAPTIST**  
NOW MEETING AT:  
10460 Resthaven Dr.  
"til new Church is built.  
9:45 a.m. Sunday School  
11:00 a.m. "The Hidden Life"  
No evening service because of Canadian Bible Society Rally at Peace Lutheran Church.  
**Wednesday**  
7:30 p.m. Bible Study  
  
Pastor Darrel Eddy  
B.A., B.D.  
656-6791

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Sunday Mass 9:00 a.m.  
  
**ST. ELIZABETH'S  
CHURCH**  
10030 Third St., Sidney  
Sunday Masses 10:15 & 11:15  
Weekday Masses 9:00

**PEACE LUTHERAN**  
2295 Weiler Ave.  
**SUNDAY**  
9:45 a.m. Sunday School  
10:45 a.m. Singing  
11:00 a.m. Worship  
**WEDNESDAY**  
7:30 p.m. Singing  
8:00 p.m. Bible Study  
  
R. Mann,  
Pastor  
656-2721  
652-5857

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NANAIMO 753-2032

**ST. ANDREW'S  
CHURCH**  
Oakville & Beaton St.,  
2 Blocks S. of Third  
8:00 a.m. Holy Communion  
11:15 a.m. Choral  
Sunday School & Nursery  
5:30 p.m. Annual Congregational Meeting, beginning with Pot Luck Supper... for details phone 656-2471  
The Preacher at both churches will be The Rev. D. Cole - Area Secretary of the Canadian Bible Society.  
Rector:  
Rev. Robert Sansom  
656-4870 656-5322

**Sluggert Memorial  
Baptist Church**  
BRENTWOOD BAY  
9:45 a.m. Sunday School  
11:00 a.m. Morning Worship  
7:00 p.m. Evening Fellowship  
Praise Meeting: Wed.  
Pastor Ken Anderson  
Phone 652-2919  
WELCOME



## LETTERS TO THE EDITOR

Continued from Page 4

taxpayer more flexibility in regard to re-investment of funds. When converting a RRSP at age 71 (now mandatory), at present one is compelled to use life insurance companies only, and it must be a life annuity. There is really no great amount of competition, plus the returns offered, often taking a hefty commission off the front end, is not a big deal as far as a comparable return is concerned.

We are no longer able to use Non-Life Annuities, The Act was amended Section 146/12B. Some abuse had crept in but in addition to that the insurance co's lobby had some effect.

Life insurance spokesmen claim that the one who dies soon after taking out the annuity helps pay for those who live a very long time. A proposition that I object to because if I have saved and scrimped more during my years of contribution and the other hasn't but he gets the benefit of my prudence and denial of luxuries I could have had.

RRSP investors forced into early retirement due to health problems are also forced into life annuities, the worst possible investment. While in good health and in normal times an income for the rest of one's life can be an excellent choice. It makes a gift of one's estate to the insurance company for anyone who is in poor health - and what about the

surviving dependent then?

At present there are but two options: 1. They may use all or a portion of RRSP funds to purchase a life annuity or - 2. They may receive all or a portion of their RRSP funds as a taxable income - under general averaging.

In some instances it is to the taxpayer's advantage to pay the tax and invest in high yielding preferred stocks, bonds or trust guarantee companies - five year certificates - and or mortgage funds in some instances.

The letters I had exchanged with the then finance minister, Donald McDonald on this subject were at first sluffed off - but in subsequent exchanges agreed that others had presented views in this regard, such as the CAC and trust companies. His point was that equity "looms large when we consider the reasons why a RRSP holder is not allowed the option of investing the proceeds in investments other than a life annuity. That to change the rule would provide the RRSP holder with a greater option than that available to a member of a registered pension plan."

Balder Dash! That person deserves greater consideration; self discipline made him a better citizen and investor.

An example would be a taxpayer who contributes \$100 a month to a RRSP for 20 years would be well over \$100,000.00 at 55. A 15-year income annuity

would be \$990 per month - guaranteed 15 years. A 10 per cent preferred stock would yield \$10,000. per would still own the capital to encroach on if necessary, and the family would be left with more residue.

I have been quite surprised at the acceptance our local papers have for the insurance propaganda; such as the blatant article in The Sidney Review June 1, 1977 and later on the not fully explained article by The Times business editor.

So it behoves every taxpayer to write the finance minister requesting a change in the act so as to have more flexibility and competition. Please write Your MP. Some, though not all, will present your point of view.

1103 Clark Rd.  
Brentwood Bay

Editor,

The Review, Sir:

I and I'm sure thousands of other citizens are fed up to the teeth with the militant actions of certain members of the Tel. W. Union. So now they are following children to school and continuing to harass others who wish to work, why aren't these people arrested?

If you or I annoyed or impeded anyone from going about his or her business we would be charged and if we followed children to school in a menacing fashion we would soon be followed by the police. Is there a dif-

ferent law for union members then there is for the rest of us, I'm sure the majority of Tel. employees are as disgusted with the actions of a minority as the rest of us; something must be done to protect the rights of all non-union members and secret votes demanded by law for all union members so that the majority can go back to work, as I am sure they want to.

Every employer has a right to set the conditions under which an employee accepts a job, if the employee later is not satisfied then he must give up his job to one of the many unemployed who would be only too thankful to have work.

If the unions were protesting the poor working conditions that perhaps exist in some places then that would be at least understandable, but the union chiefs are primarily only interested in furthering their own ends and their demands are prompted by a lust for further power and greed.

B.C. Tel chairman Gordon MacFarlane has a real fear when he sets conditions for a return to work since so many employees have demonstrated total disloyalty to the company.

Canada's standard of living is so high that we should be thinking of less not more, for the sake of our country.

Old age pensioner  
Saanichton

Editor,

The Review, Sir:

In cooperation with a number of concerned citizens throughout Vancouver Island, I have created the "Committee to Save the Esquimalt and Nanaimo Railway."

As you are aware, the Canadian Transport Commission has decided to permit CP Rail to discontinue passenger service between Victoria and Courtenay effective Jan. 31, 1978. Our committee is absolutely opposed to such an action taking place. We are deeply concerned for the future of this vital transportation link on Vancouver Island, not only for the residents who depend on the service as a means of communication, but also for the unexplored tourist potential which is so obviously in need of consideration.

With the foregoing in mind, the objectives of the Committee to Save the Esquimalt and Nanaimo Railway are:

1.) To support the appeal by the Province of British Columbia regarding the decision of the CTC, allowing CP Rail to discontinue the service.

2.) To recommend to the federal government that VIA Rail be considered as an avenue to continued service of the Esquimalt and Nanaimo passenger trains.

3.) To propose the upgrading and expansion, and promotion of the railway passenger service throughout Vancouver Island.

It is important that people from all walks of life

support the Committee to Save the Esquimalt and Nanaimo Railway. Our efforts are directed to the continuation and upgrading of service throughout the line. That is our ultimate objective.

Our committee which includes many mayors throughout Vancouver Island needs the support of the general public to make our voice heard. Concerned

citizens should write to Lyle Kahl, M.L.A., Room 202 Parliament Buildings, Victoria, B.C. V8V 1X4. Only through a concerted effort, will we be able to tell the federal government and CP Rail of our point of view.

Lyle Kahl, M.L.A.  
[Esquimalt]  
Chairman,  
Committee to Save the E&N

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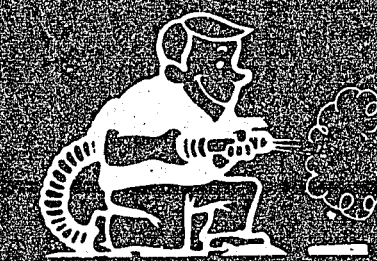
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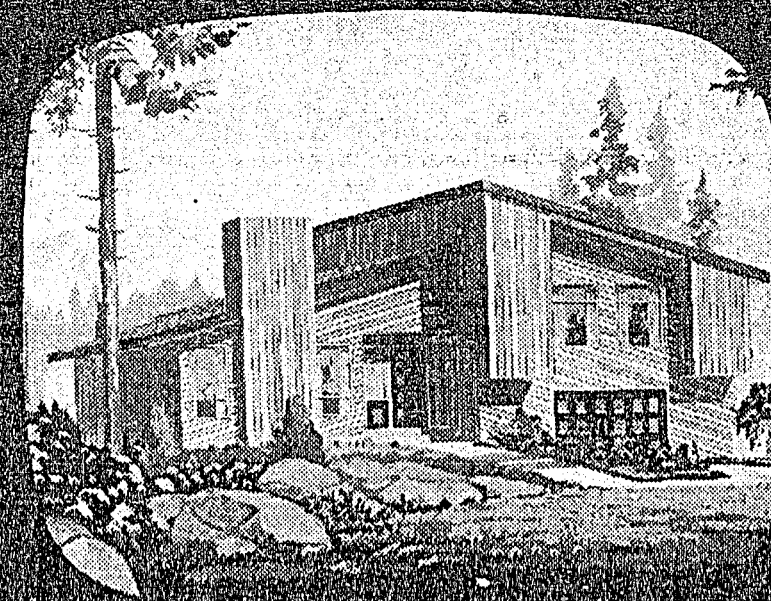
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## BOOK CHAT

## Corruption in the arms trade

By MARY KIERANS

In the past years, Anthony Sampson has established himself as a leading writer of clear, accurate, objective and lively books about serious topics. His accounts of ITT, the great oil companies and the British establishment have become best-sellers, and deservedly so.

Now Sampson has written a study of one of the most dreaded features of today's world: the global trade in armaments. *The Arms Bazaar* describes the history of arms production in all the leading countries, the place of military "hardware" in the Cold War, and finally the horrific competition which is happening now between the major countries and companies to maintain their economies and profits by all the techniques known to salesmanship.

These range from government-sponsored public displays through familiar tricks like built-in obsolescence and hard-selling to the extremes of bribery and blackmail which have made headlines in the past few years.

Unlike what you might expect, *The Arms Bazaar* is anecdotal, personal and always readable. The facts are there, correctly documented, but the emphasis is on the people involved, the rise and fall of industrial empires, the struggles within the companies and governments and, above all, the scandalous extent of inefficiency and corruption in the arms trade. The continuous impact of the weapons-makers upon politics and history comes across vividly.

In part, this is a journalistic, muck-raking book, but at the same time, its technical coverage is impressive. And Sampson has that rare ability to make simple common sense of the pretentious, complicated and often childish military jargon used in modern strategic discussion. For the general reader, there could be no better or more timely book on this most offensive of industrial activities.

*The Arms Bazaar* is available now from either the Sidney or Brentwood Branch of the Regional Library.

### BEFORE THE COURT

In court news released this week two Sidney men were fined and sentenced respectively following trials held in late December.

Stephen John Johnson, 20, of 9768 Third Street in Sidney, was sentenced to 90 days on Dec. 30 for an assault in Sidney. He was also given two 30-day sentences to be served concurrently on charges of willful damage.

The sentence will be followed by 12 months probation.

Stuart William Fenton, 21, of 9579 Canora Road in Sidney was fined \$450 on Dec. 29 in default of one month after he entered a plea of guilty to a charge of impaired driving.

Staff-Sergeant George Whittaker said Tuesday that four additional Sidney residents were picked up and charged with impaired driving on the weekend.

### Graphics on display

An exhibition of graphics by several print-makers will be exhibited at Karibu's Upper Gallery, 565 Johnson Jan. 30 through Feb. 11. The range of media is from silkscreen to lithograph and the showing includes recent work by Bill Dixon, Eric Gravenor, Coleen Millard and Jim Staples.

## Flea Market

Sanchea Hall  
Sunday, February 5,  
9:30 - 4:00  
Admission 25c

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35 acres of Gardens to whet the appetite.

## A Management Seminar

at AIRPORT TRAVELODGE

on February 7th, 1978

9.00 AM to 4.30 PM

REGISTRATION: 8.30 AM

Would you like to attend?

If you are interested, please complete the registration coupon, and mail it along with your cheque for \$20 per person. For further information, please contact:

Mrs. Debbie Elliott

at tel.: 385-3375

Management Seminar, Federal Business Development Bank,  
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at Sidney on February 7th, 1978

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Postal Code \_\_\_\_\_

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Registration Fee of \$15 includes luncheon.

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### The plague of the heart

"They did not all die, but all were affected." So says the French author Marcel Camus with respect to the plague. No one would knowingly expose himself to the plague, unfortunately too many of us seem to expose ourselves to a modern-day malady, that of heart disease. Many uncontrollable factors are involved — heredity, age and sex — but there are other factors that can indeed be controlled. These include high blood pressure, smoking, diabetes, obesity, lack of physical exercise, poor food habits and immoderate use of alcohol. Health and Welfare Canada has just launched a program to create public awareness of one of these controllable factors — food habits. Obviously, malnutrition poses problems, but equally serious problems are caused by excesses at the table and unwise food selection. We may think we are feeding ourselves well but in reality we may be jeopardizing our chances of a longer life. What can we do then, to eat wisely?

The answer can be summarized in just two words: avoid excesses. Certain types of food must be eaten only in moderation: fatty foods, sugar, salt and alcohol. Obviously these need not be avoided completely but should be consumed only in moderate amounts.

A balanced diet, as recommended by Canada's Food Guide, will lead to this kind of moderation and should allow many Canadians who might not otherwise do so, to enjoy healthy lives into the 21st century.

Canada's Food Guide and a new brochure entitled "Food and Your Heart" are available through your provincial health department or local health unit. They can help you develop healthier eating habits. And don't forget the heart has reasons the stomach cannot know!

### Memories of golden days

The Northerners, a new 12-part series of TV programs featuring the people of the north who reminisce about their unique experiences begins Feb. 9 at 7:30 p.m. on CBC.

Bob Switzer shared those memories during a recent journey that took him from the old mining areas of British Columbia, into the Yukon of the gold rush days, through the rich McKenzie Delta and across the ice pack into the high Arctic.

Today, Canada's north is a booming frontier of exploration and development. Its residents have access to most of the comforts of southern society. But the old-timers remember a different north — when the trapping was good and life was free and independent. It was more than just 'the good old days' — it was another world. And now it's all but gone.

Soon the old folks too will be gone — but they still have their memories of those golden days.

The Northerners looks at some of the major influences for change in the north over the past one hundred years. It does so by listening to people.

Many of the programs in the series use some rare old film depicting the eras under discussion. All such film was obtained from private collections and has never before been seen on TV.

### A COSTLY HABIT

Cigarette smoking cost Canadians an estimated \$506 million in 1971, according to a study recently conducted by the department of national health and welfare.

Results of the study indicate that in 1971 the economic cost associated with lung cancer, arising from physician services, hospital costs and future income loss due to mortality, was \$76.9 million; coronary heart disease accounted for \$212.2 million, chronic bronchitis, \$15.6 million, and emphysema, \$16.7 million.

The total health care cost attributed to smoking-related diseases in 1971 was \$56.1 million. Lost income due to smoking-related illness amounted to \$164.5 million.

The study also reports 9.2 per cent of all fires of known cause in 1971 were attributed to smoking. Property damage and lost income due to fires caused by smoking was estimated to be approximately \$20.4 million. A total of 112 persons died in fires caused by smoking, 29 per cent of death in fires of known cause.

# Along with everything else, electric rates are going up.

## Why?

Despite our best efforts to hold the line, in 1978/79 B.C. Hydro faces an increase of approximately \$100 million in costs of providing service. As a publicly-owned corporation B.C. Hydro sells energy to you basically at cost. Unfortunately, as our costs go up, so must your rates. In addition, we must plan today for future requirements.

## How much are the rate increases?

The following table indicates the new residential electric rates, for a two month period, for those areas connected to Hydro's integrated system.

RESIDENTIAL ELECTRIC RATES FOR A TWO MONTH PERIOD		
	Previous Rate	New Rate
Service Charge	\$3.00	\$4.00
First 550 kilowatt hrs.	4.6¢/kWh.	4.5¢/kWh.
All additional kilowatt hrs.	2.0¢/kWh.	2.5¢/kWh.
Minimum charge	\$6.14	\$6.14

## How will the increases affect you?

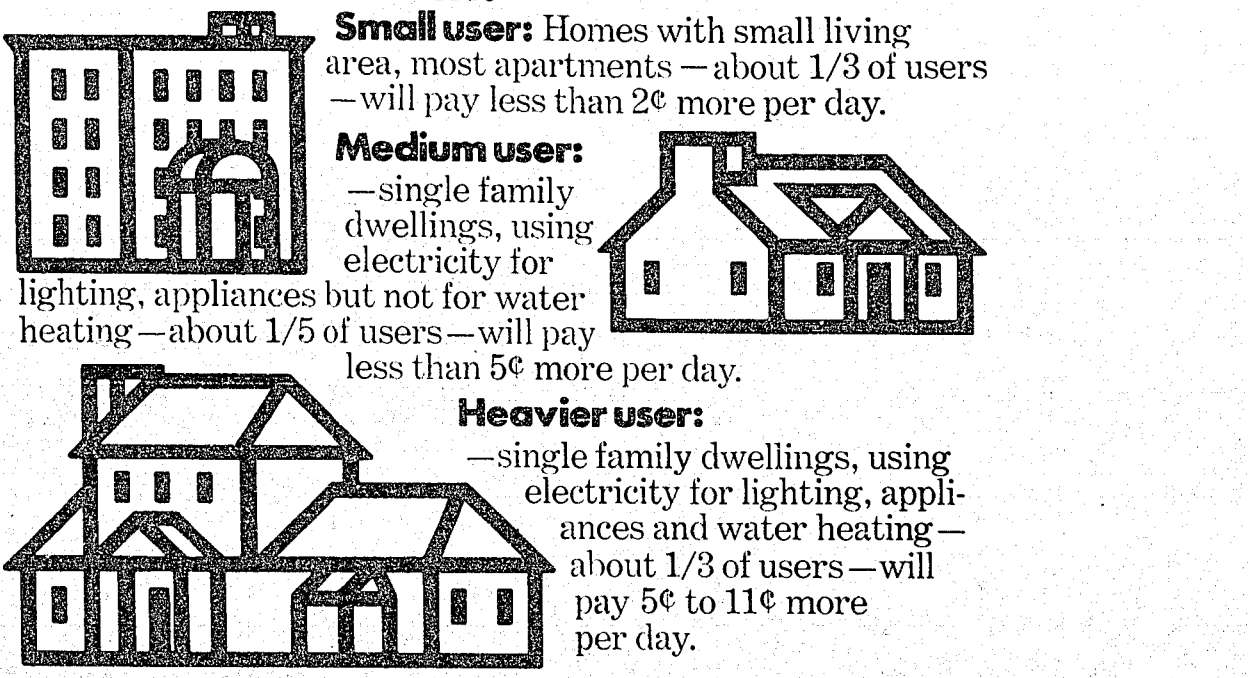
We're doing our best to minimize the impact on people who use energy for basic, essential needs. For 75% of Hydro's residential electric customers, this increase will be less than 11¢ per day. However, all classes of customers — residential, general, commercial and industrial — will be affected by the increase. Here are some examples of new rates for residential customers using various amounts of energy:

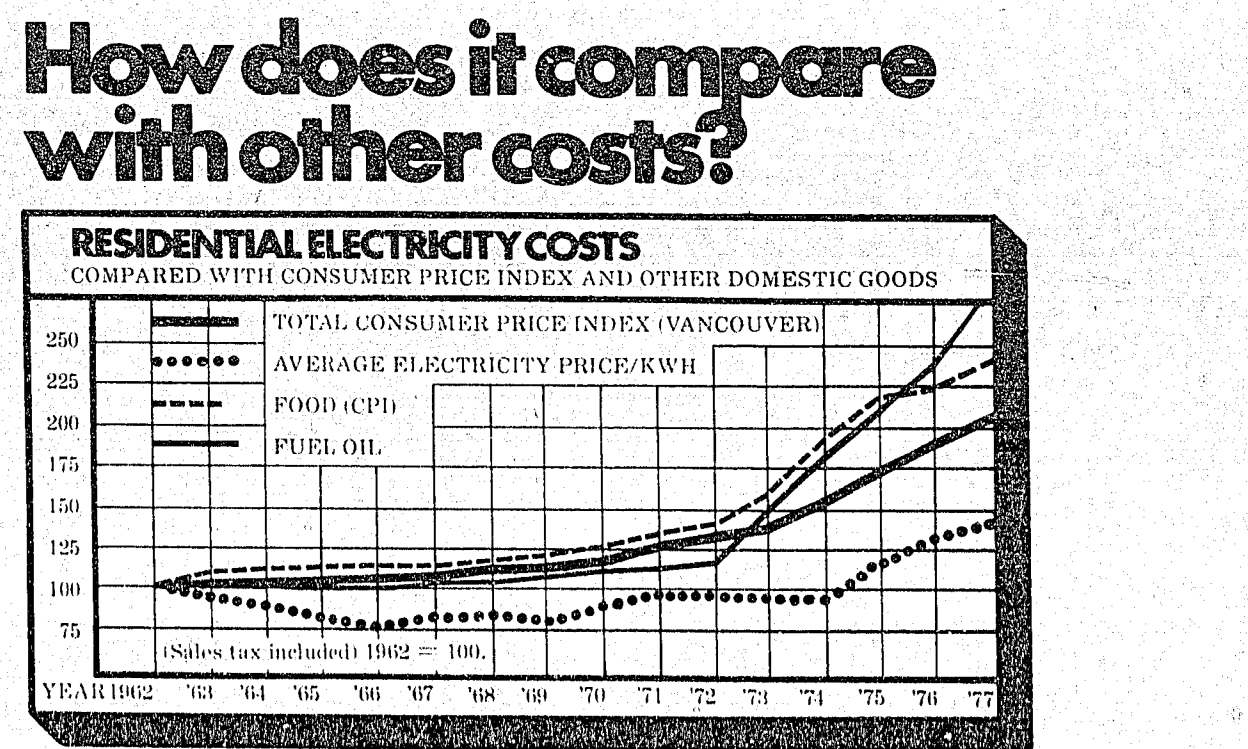
### Residential-Electric service.

**Small user:** Homes with small living area, most apartments — about 1/3 of users — will pay less than 2¢ more per day.

**Medium user:** —single family dwellings, using electricity for lighting, appliances but not for water heating—about 1/5 of users—will pay less than 5¢ more per day.

**Heavier user:** —single family dwellings, using electricity for lighting, appliances and water heating—about 1/3 of users—will pay 5¢ to 11¢ more per day.





## When does it happen?

New rates will come into effect on March 1, 1978. The first bill after March 1 will be based partly on the previous rate and partly on the new rate.

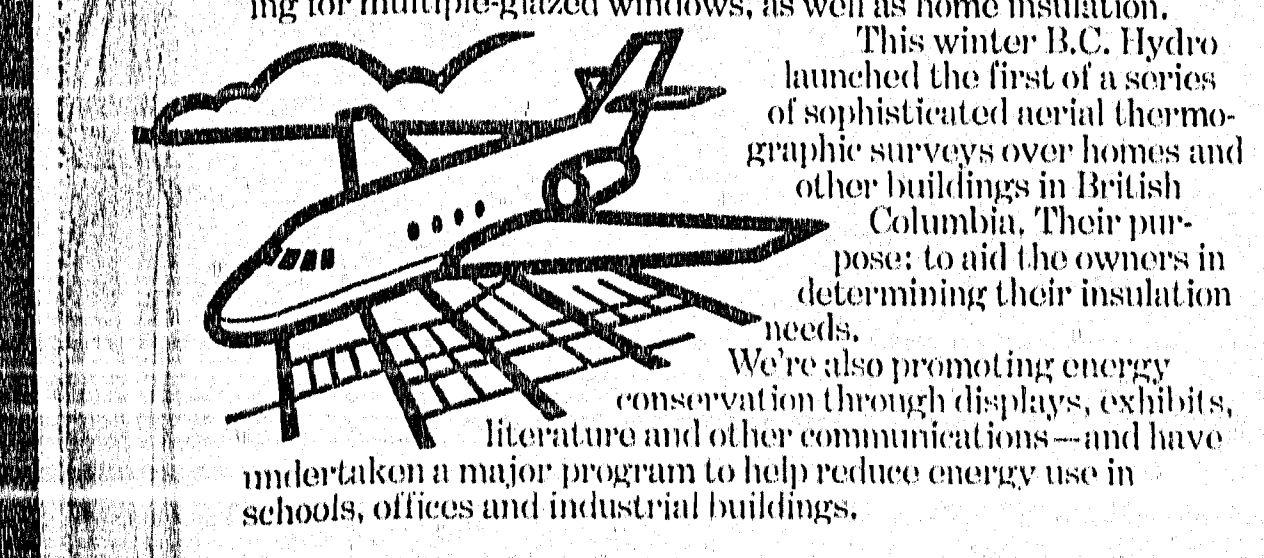
# Are you ready for some good news? Together we can cut energy costs.

## What's Hydro doing about it?

Encouraging energy conservation. In many ways. Recently, we extended the \$500 Energy Savings Finance Plan which was introduced last year to include financing for multiple-glazed windows, as well as home insulation.

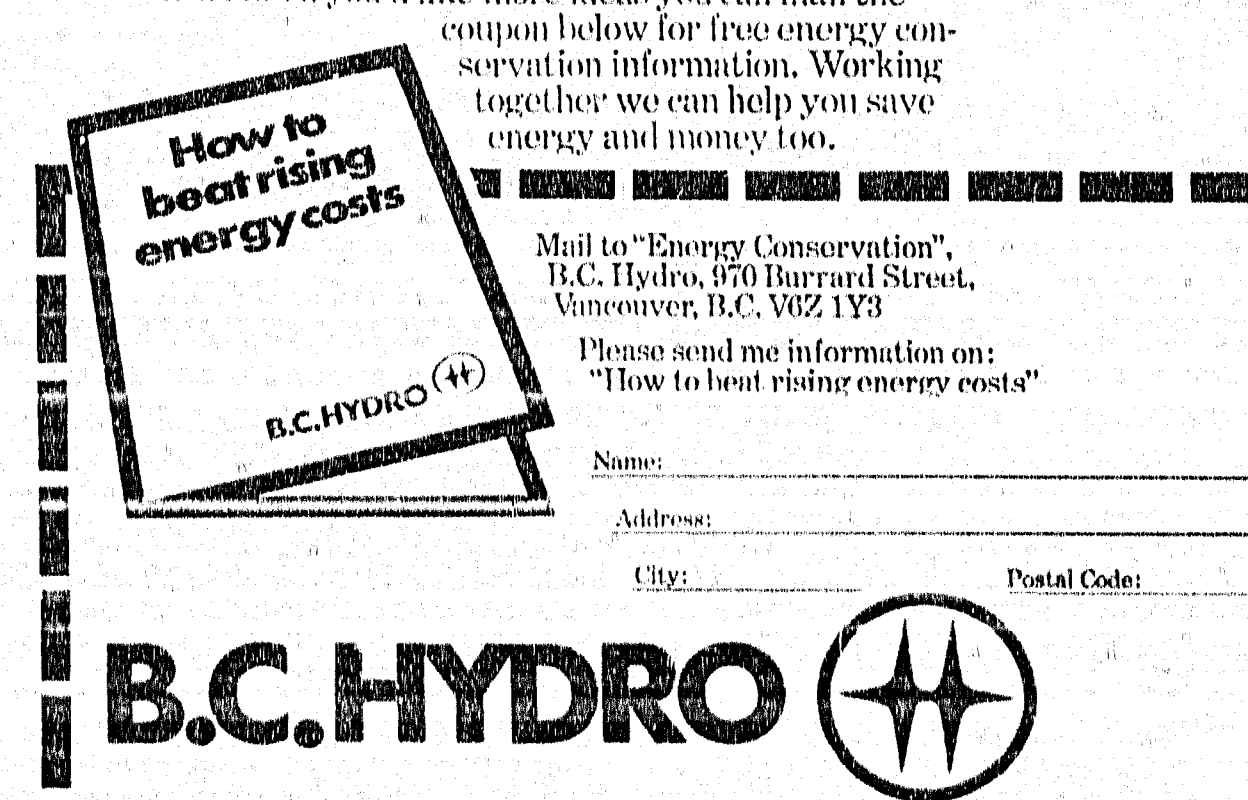
This winter B.C. Hydro launched the first of a series of sophisticated aerial thermographic surveys over homes and other buildings in British Columbia. Their purpose: to aid the owners in determining their insulation needs.

We're also promoting energy conservation through displays, exhibits, literature and other communications — and have undertaken a major program to help reduce energy use in schools, offices and industrial buildings.



## What can you do?

Whether you live in a small home or apartment or manage a large industrial complex, you can do a lot to combat rising energy costs. You can insulate ceilings and walls to the recommended "R" levels. Install multiple-glazed windows and weather stripping. Lower your thermostat setting. Check hot water waste. Use appliances wisely. Turn off lights when they're not needed. And if you'd like more ideas you can mail the coupon below for free energy conservation information. Working together we can help you save energy and money too.



Mail to "Energy Conservation", B.C. Hydro, 970 Burrard Street, Vancouver, B.C. V6Z 1Y3

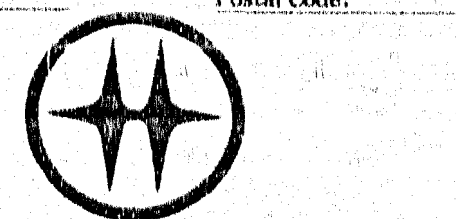
Please send me information on: "How to beat rising energy costs"

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

# B.C. HYDRO



## Hydro increases effective March 1

Electric rate increases for all classes of users will take effect March 1, with 76 per cent of residential customers facing increases ranging from 1 to 11 cents a day and 78 per cent of gas customers 2 to 8 cents a day.

B.C. Hydro chairman Robert Bonner said 30 per cent of Hydro's residential electric customers — those with lowest consumption levels, including many senior citizens, — would pay less than 2 cents more a day.

He said the first bills received by customers after March 1 will be based partly on the old rate and partly on the new. The planned rate changes, he said, was the second step in a program to alter the nature of Hydro's residential rates to encourage conservation.

He said many customers could reduce the effects of the rising costs of energy by practicing conservation methods that B.C. Hydro has been recommending for the last two or three years. Pamphlets on home insulation and other conservation measures are available at Hydro offices.

## CPR courses

The last scheduled series of cardio-pulmonary resuscitation short courses sponsored by Saanich school board, in cooperation with the Regional District Health Services, take place next month at North Saanich school on Monday evenings.

Each session is an intensive three and one-half hour practical presentation of theory and practice relevant to emergency revival techniques to be observed in cases of cessation of breathing and heart beat. A fee of \$5 is charged to defray administrative costs.

The short one-session courses are on Feb. 13 and 27. Classes are restricted to 12 and pre-registration may be completed at the Saanich school board office.

For further information please call 656-1111.

## Theft at service station

The Brentwood Texaco Service station was broken into Saturday night when thieves smashed a glass window panel out of an overhead door to a service bay, climbed in and got away with \$50 kept on the premises for float. They also broke open a cigarette dispensing machine, stealing the cash it contained.

Later that night, Central Saanich police found an attempt had also been made to break into Bolster's Chevron Station with a same type pry bar as was used at the Texaco Station.

### BAHA'I FAITH

3 National Film Board Films will be shown at the Panorama Leisure Centre, Sidney, on Friday, Feb. 3 from 7:30 to 10:30 p.m.; coffee will be served. The films are free of charge & are being presented by the Baha'is of Greater Victoria.

For further information please call 385-8131 or 656-3446

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Drug, alcohol counselling

Greater Victoria Drug and Alcohol Rehabilitation Society counsellor Charlie Pitt will be in Sidney Wednesdays, 1:30 to 4:30 p.m. to discuss alcohol and drug problems in the family. People wishing to use the counselling service should make an appointment through the Saanich Peninsula Guidance Association, located in the town hall on Sidney Avenue. The counselling sessions will be held in the association's offices.

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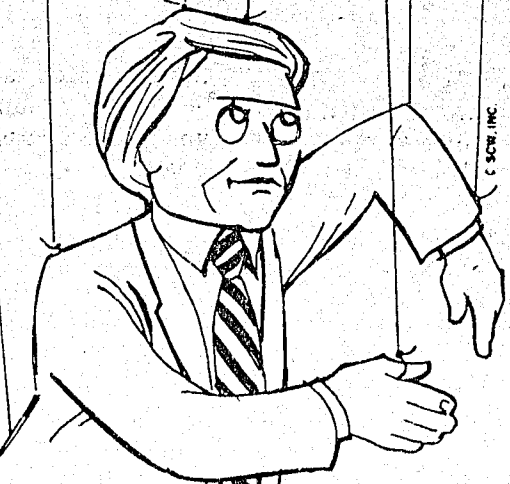
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It's home-from-home for older folk

They come from all over - 1,715 of them. Most are from Sidney, but others make the journey from North or central Saanich, and even people who winter here from the prairies sign up for the season.

Silver Threads on Reshaven Drive is home-away-from-home for a vast number of senior citizens. Some will come every day and join in almost everything that's going on. Others are selective, choosing a particular activity suited to their needs.

And some elderly folk pass it up. "They are people who have so many hobbies, are just so busy, they say they don't have the time," says Muriel Ackinclose, the centre's energetic director.

But it's great for the gregarious, the widows or bachelors with time on their hands, because there's everything there to fill in a day if they're lonely.

A canteen run by volunteers that produces daily lunches, a hot dinner once a week and snacks - tea, coffee and cookies. A comfortable lounge with a good library adjacent where members can sit and talk or write letters or read. Craft, dressmaking, stretch and sew and keep-fit classes - the list goes on - and there's even a new activity members are signing up for, creative drama, although Ackinclose acknowledges with a twinkle in her eye that there "aren't too many takers in this one so far."

Most senior citizens who use the centre are in their 70s and 80s and women far outnumber men by a 70/30 ratio. Statistically, women live longer and that factor accounts for the preponderance of females but "women tend to get involved in things more than men" says Ackinclose.

However, an addition to the building last October (members raised \$10,000 towards the cost) provided more recreational space for the

centre and now the men can get together over billiards and shuffleboard. Other activities both men and women enjoy are bridge, dances, concerts and various social events.

The centre relies heavily on volunteer members to provide extra services - in fact, we couldn't operate without them, says Ackinclose. Volunteers cook all the food served at the centre, provide transportation to and from Silver Threads, do a stint at the reception desk, instruct in some classes, stand in as assistant nurses to visiting doctors and visit the sick.

They also provide "telephone reassurance" - daily phone call to shut-ins, elderly people who live alone without relatives or friends to keep a friendly eye on them.

"If we know someone in this position a volunteer arranges to make the daily check. If there's no reply, then we'd get someone to call round and make sure there's nothing wrong," says Ackinclose. But some people are very proud, she added. "They don't like to let us know they're in need."

Put yourself on priority list

Health workshops for women are being sponsored by the Status of Women Action Group (SWAG) starting Feb. 18 with a session entitled Stress and Time Management, led by Barbara Pendegast and Charlotte Atling.

The theme: how to put yourself on your priority list so that you don't end up feeling stressed and burned out. Format: small discussion groups, exercise designed to increase self-awareness, examining coping skills and developing those which are more constructive.

Both workshops are to be held at the Unitarian Church, 106 Superior. Register in advance by contacting Joan Palmer, 1960 Broadmead or for more information phone Cathy Mountain at 383-2165.

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Friday, February 3rd., 11 a.m. events at the Canadian Figures Skating Championships have been rescheduled to 9:45 a.m.

Single Events Tickets: \$5.00, 4.50 & 4.00

11.00 a.m. Events: \$2.00

Sunday Exhibition of Champions: \$5.50, 5.00, & 4.50

All Events Tickets Available

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VICTORIA 1978

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Spacious three bedroom storm windows, heater, fireplace, gas furnace, dishwasher, intercom, covered sundeck. \$68,000. Phone 656-2913.

**REAL ESTATE**
**WANTED TO RENT**

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**REAL ESTATE  
FOR SALE**
**DIRECT FROM OWNER**
**3 BEDROOMS,**
**1 1/2 BATHS**

Rock Fireplace, thermo windows throughout, heavy insulation, carport and patio, roughed in plumbing in basement, landscaped, lots of extras. Owner moving - must sell.

\$54,900 - To view Phone

656-4066

**1/2 ACRE LOT**
**DEEP COVE**

Drilled well, some sea view.

\$26,000 - To view Phone

656-4066.

**3-4**
**Sparling**

Established 1925

**REAL ESTATE**
**& INSURANCE**

Notary Public

656-5511

**SEAVIEW**

Immaculate home in the "Uplands" of Sidney. Take a drive down All Bay Road and you will see what I mean. This prime area is 1/2 block from marinas, well treed with an old country atmosphere. Never before on the market, a spotless home with 2 fireplaces, 2 bathrooms, 3 bedrooms, super rec. room in Old English Tudor. New MLS

\$79,900.

**Jean McMichael** 477-9113

**Canada Trust** 595-5171

**COMMERCIAL**

10250 SQ. FT.

One block from Beacon. Three 2 bdrm, rental cottages. Asking \$75,000.

**Jean Lambert** 656-3426

**Ed Kraft** 656-3669

**Century 21**
**J.D. Bosdet** 388-4455

**TAX SHELTER.** 12 Suite Apartment, 11.

2 bedrooms, 1 one bedroom. No vacancies since built in 1975. CMHC Tax certificate. Box 2707 Smithers, B.C. V0J 2N0. Phone (604) 847-3145.

**NEW, NORTH SAANICH HOME.**

Possible in-law suite. New \$64,500. Nice setting. 656-4745.

**BY OWNER - 2 BDRM.** full basement

house on 2 acres, North Saanich, Asking \$71,000. 656-3279 evenings only.

**SIDNEY CONDOMINIUM.** One

bedroom. Good location. No children or pets. \$27,500. 500. down. 1st mortgage. \$18,000. at 9 1/2%. payments of \$165.65 per month.

Traders, considered. Call 529-2148 collect.

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## PENINSULA PEOPLE

Jim and Dora Verhagen of 6551 Rodolph Place enjoyed a two weeks' holiday in Hawaii in January.

Mrs. R. Huckle, president of the Brentwood UCW, was hostess for its Jan. 20 meeting at her home at 384 Halcyon Place. Dates for events to take place in 1978 were set as follows:

rummage sale, April 1; bazaar table at the Hillside Mall, April 13; rummage sale, Oct. 28; fall tea and bazaar, Nov. 18.

Mr. and Mrs. Walter Monych with daughters Wendy Janice and Karen of East Saanich Road returned last Sunday from a 10-day holiday with family and

friends in Toam Lake Saskatchewan and surrounding area.

Mr. and Mrs. Barry Bickford and children Douglas, Joanne, Brian and Sandra, Wallace Drive, and Mr. and Mrs. Harry Liedtke and sons, Walton Place returned recently from a glorious 17 day holiday in Hawaii.

## Silver Threads in Review

Feb. 1, WEDNESDAY — 9 a.m., centre open; 10 a.m., novelties, rug hooking; noon hot dinner; 1 p.m., discussion group; 2 p.m., concert to be announced; 7 p.m., band practice.

Feb. 2, THURSDAY — 9 a.m., centre open; centre open; 10 a.m., weaving, carpet bowling, decorator

paints; noon, lunch; 1 p.m., dressmaking; bridge; 7 p.m., cribbage.

Feb. 3, FRIDAY — 9 a.m., centre open; 10 a.m., senior ceramics, keep fit, quilting, beadwork, noon, lunch; 1 p.m., creative writing, ceramics, stretch and sew; 2 p.m., Jacko; 7 p.m., evening cards.

Feb. 4, SATURDAY —

open 1 to 4 p.m. for drop-ins.

Feb. 5, SUNDAY — open 1 to 4 p.m. for drop-ins.

Feb. 6, MONDAY — 9 a.m., centre open; 10 a.m., quilting, dance for fun, decorator paints; noon - lunch; 1 p.m., ceramics, 1:45 p.m. swim club; 2 p.m. films; 7:30 p.m. bingo.

Feb. 7, TUESDAY — 9 a.m., centre open; 10 a.m. painting, Sereaders practice; noon - lunch; 1 p.m. painting, whist, croquet; 7 p.m. shuffleboard and games night.

Feb. 8, WEDNESDAY — 9 a.m. centre open; 10 a.m., novelties, rug hooking; noon - hot dinner, 1 p.m. discussion group - guest speaker - B. Booth - "Gardens"; 2 p.m. concert - Oak Bay Orchestra; 7 p.m. band practice.

Feb. 9, THURSDAY — 9 a.m. centre open; 10 a.m. weaving, carpet bowling; noon - lunch; 1 p.m. dressmaking, bridge; 7 p.m. cribbage.

Feb. 10, FRIDAY — 9 a.m. centre open; 10 a.m. senior ceramics, keep-fit, quilting, beadwork; noon - lunch; 1 p.m. creative writing, ceramics stretch and sew; 2 p.m. Jacko, 7 p.m. evening cards.

Feb. 4 and 5, SATURDAY & SUNDAY — open 1 to 4 p.m. for drop-ins, daily - cards, shuffleboard, library, billiards; morning coffee and afternoon tea; senior citizens and visitors welcome.

Tickets on sale for Hawaiian Luau and Dance Feb. 18th, 6:30 p.m. Membership cards for 1978 now available. Registration in arts and craft classes being taken for spring term.

## OBITUARIES

## CARNIE

In Rest Haven Hospital on January 17th, James Carnie, aged 75 years of 9645 2nd Street, Sidney, B.C. Predeceased by his wife, Catherine, in August, 1972, he leaves 3 daughters; Audrey E. Lovelless of Surrey, B.C., Betty Todd of Winnipeg, Manitoba, and a 44-year-old son, John Carnie of Richmond, B.C., one and a half brothers, John Carnie of Winnipeg; sister-in-law, Annie M. Hurl of Sidney; nieces, Margaret Kruschel of Winnipeg; 8 grandchildren, 3 great grandchildren.

Funeral service was held on Thursday, January 19th at 2:00 p.m. in Hayward's Chapel, 1625 Quadra at Balmoral, cremation. Flowers gratefully declined. Donations, if desired, may be made to the Canadian Cancer Society, 857 Caledonia Avenue.

## SMITH

Peacefully at his residence, 3-10145 Third St., Sidney, B.C. on January 18, 1978, Mr. Charles Smith, in his 90th year, born in Angus County, Scotland, and a resident of Sidney, B.C. for the past 12 years. Survived by his loving wife, Edith, at home; daughter, Mrs. O.R. (Mollie) Duncan, Sidney, B.C.; grandchildren, Joan, Barrie, Lorne and Roslyn; three foster grandchildren, step-grandchildren and step-great-grandchildren. Mr. Smith was a Vimy Ridge veteran of the First World War, a member of the Royal Canadian Legion, Saanich Peninsula Branch No. 37, Sidney, B.C.; a member of the Army, Navy and Air Force Veterans of Canada, Sidney Branch No. 302, Sidney, B.C.; and a member of O.A.P.O., Sidney Branch No. 25, Sidney B.C.

Memorial service in the Sands Funeral Chapel of Rosas, Sidney, B.C., on

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## Women's club meet

The Women's Canadian Club meets at 2 p.m. Feb. 15 at the Newcombe Auditorium. Speaker is Mrs. A.A.G. Corbet, formerly of the federal department of external affairs, protocol, and now retired. Her topic is Royal Tours Across Canada.

## RCAC reunion

A reunion of all ex-officers, civilian instructors and cadets of No. 531 "City of Trail" Squadron, Royal Canadian Air Cadets, will be held in Trail, B.C., on the long weekend, Aug. 6. The reunion will include a banquet and dance. All ex-members are asked to contact the reunion secretary, Dan Ryan, 11365 136A St., Surrey, B.C. V3R 3C4.

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### SAANICH PENINSULA MINOR HOCKEY ASSOCIATION

#### PEEWEE PUP DIVISION

[Includes games played Jan. 28, 1978] — TEAM STANDINGS

TEAM	GAMES PLAYED	GAMES WON	GAMES LOST	GAMES TIED	GOALS FOR	GOALS AGAINST	TOTAL POINTS
Saan. Pen. Credit Union	15	10	1	4	58	25	22
Cent. Saan. V.F.D. & Police	15	9	5	1	28	22	19
Sidney Pharmacy	15	7	5	3	48	40	17
Royal Can. Legion	15	5	7	3	30	31	13
Sidney Kiwanis	15	3	9	3	30	45	9
Island Furniture	15	2	9	4	26	59	8

#### SCORING

PLAYER	TEAM	GOALS	POINTS
Greg Rangel	Sidney Pharmacy	17	14
Dale Gordon	Sidney Pharmacy	16	9
Graham Bowley	Credit Union	18	5
Bob Neudecker	Credit Union	13	7
Paul German	Sidney Pharmacy	8	10
Don Wallace	Kiwanis	11	5
Con O'Brien	Royal Can. Legion	10	4
Rob McLennan	Island Furniture	9	5
Peter Reedecker	Royal Can. Legion	9	5
Peter Pasula	Island Furniture	7	6
Keith Mollett	Cent. Saan. VFD & Police	9	2

#### GOALKEEPING — [Players playing in at least 5 games]

PLAYER	TEAM	GAMES PLAYED	GOALS AGAINST	AVERAGE
Brent Chan	Credit Union	9	13	1.44
Darren Booth	Cent. Saan. VFD & Police	11	16	1.45
Randy Cunningham	Royal Can. Legion	8	16	2.00
Todd Sumislowski	Royal Can. Legion	7	15	2.14
Dean Chan	Credit Union	5	12	2.40

### SAANICH PENINSULA MINOR HOCKEY ASSOCIATION

#### BANTAM DIVISION

TEAM	GAMES PLAYED	GAMES WON	GAMES LOST	GAMES TIED	GOALS FOR	GOALS AGAINST	TOTAL POINTS
Sidney Movers	12	10	2	0	90	30	20
Cloverdale Paint	12	7	3	2	46	37	16
Redi-Chef	13	3	9	1	31	69	7
Cornish's Book	13	3	7	3	35	63	9

Week Ending Jan. 28, 1978

### SAANICH PENINSULA MINOR HOCKEY ASSOCIATION

#### PEEWEE DIVISION

TEAM	GAMES PLAYED	GAMES WON	GAMES LOST	GAMES TIED	GOALS FOR	GOALS AGAINST	TOTAL POINTS
Mayer's Steel Boats	17	8	7	2	47	44	18
Elhammer Ind.	17	6	7	4	43	44	15
Mary's Coffee Bar	17	4	11	2	31	36	10
Sidney Bakery	17	7	7	3	43	48	17

Week Ending Jan. 30, 1978

### SAANICH PENINSULA MINOR HOCKEY ASSOCIATION

#### MIDGET DIVISION

TEAM	GAMES PLAYED	GAMES WON	GAMES LOST	GAMES TIED	GOALS FOR	GOALS AGAINST	TOTAL POINTS
Sidney Lions	20	5	13	2	64	119	12
Sidney Tire	18	7	9	2	67	79	16
Seaboard	19	2	17	0	61	98	4

Week Ending Jan. 29, 1978

**TRUFFLES**  
ART & CRAFT GALLERY  
**20% OFF SALE**  
FRIDAY, FEB. 3 & SATURDAY, FEB. 4  
Hours: 10:00 a.m. - 4:30 p.m.  
2417 Beacon Ave., Sidney 656-6811

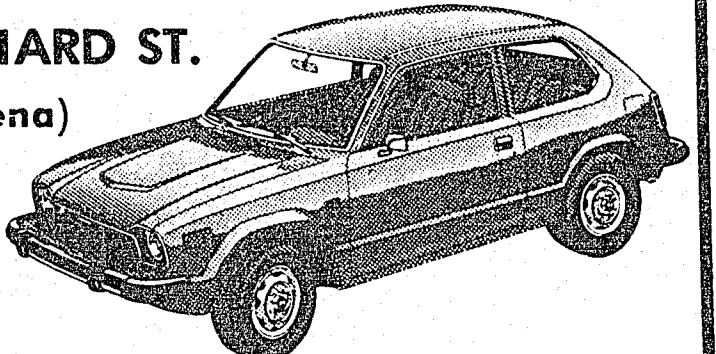
## METRO HONDA

2151 BLANSHARD ST.

(Next to the Arena)

D.L. 001627A

388-6921

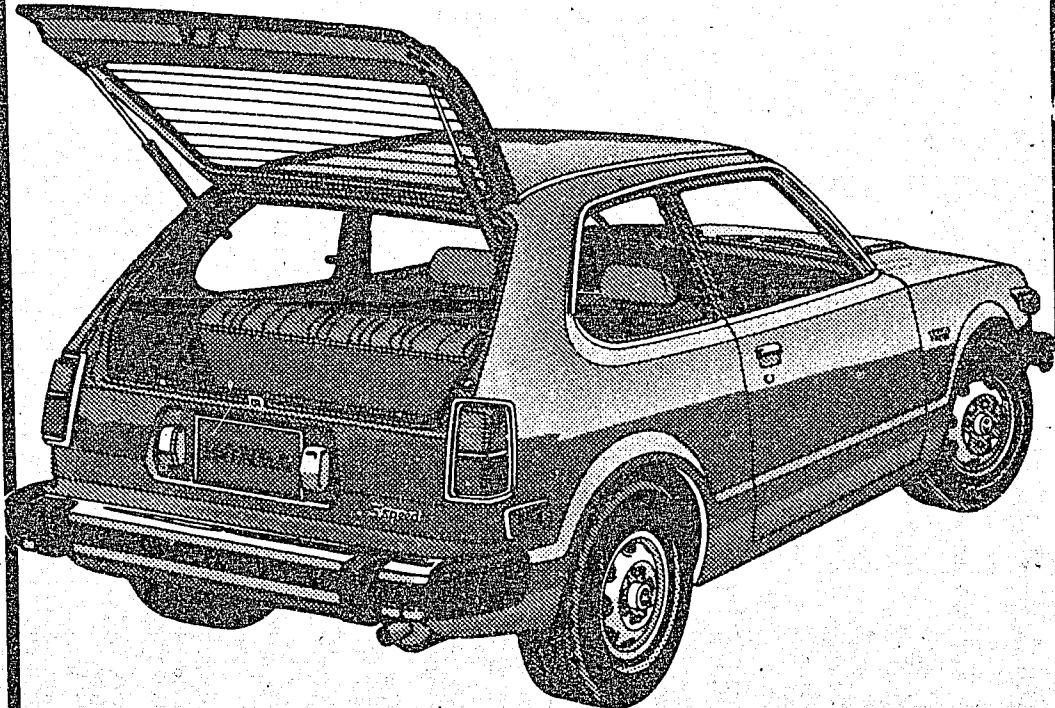


## NEW HONDAS NOW AVAILABLE

All models, good selection of colours.

Final Shipment at Last Year's Prices

BUY YOURS TODAY & SAVE!



We also have Premium Used Cars & Trucks



Lift Yourself  
Right Out  
Of Those  
Winter Blues  
With A  
New Hairstyle  
During Our

### ANNUAL PERM SALE

MONDAY JAN. 16 to  
SATURDAY FEB. 11

at the

### CAMEO BEAUTY SALON

closed Wed.

2373 Beacon Ave. 656-1713

Give yourself and your family the gift of longer life ... know and keep the heart-health rules urges B.C. Heart.

## Garden Club plans beautification project

Sidney's Garden Club met Jan. 16 and the following officers elected: Mrs. Barbara Edgar, president; Victor Stevens, 1st vice-president; Jack Boshier, 2nd vice-president; Mrs. Irene Stevens, recording secretary; Mrs. Grace Boshier, corresponding secretary; Mrs. Nel Bolster, membership chairman; Mrs. Ann Raymond, treasurer; Mrs. Nora Rogers, sick members chairman; Gordon Armishaw, program chairman; Mrs. Clara McAmmond, refreshments chairman; Mrs. Mabel Baker, librarian and Mrs. Nel Bolster, door prizes. The position for publicity has been left open until the club's general meeting in February.

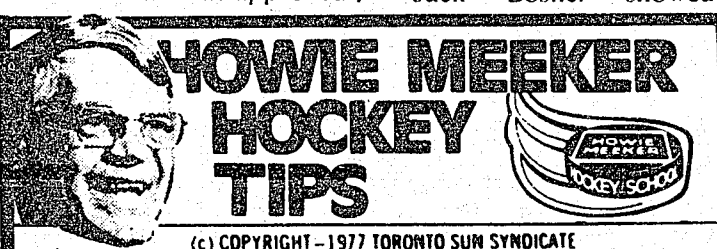
Members are interested in participating in Sidney Day projects and a proposal to apply for a Young Canada Works grant to use for the beautification of Sidney

with emphasis on the approach to town outside Sanscha Hall was approved

and the club will proceed with an application. Jack Boshier showed

slides of his trip to England featuring roses, chrysanthemums, and dahlias.

The February competition will be small bulbs or shrubs of the month.



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**HOWIE MEEKER HOCKEY TIPS**

**HOCKEY STICKS**

Again, until the boy has mastered the basics of stickhandling and passing, I think he should use a straight or "centre" blade — not one that is curved for left or right hand shooting. Having said that, I've satisfied my conscience. If you can get your boy to use a straight blade, please write and tell me how you did it. We can't sell, in fact, can't give-away straight sticks at my hockey schools. I bought six dozen lie 7 four years ago. I finally got rid of them this summer after we applied the torch to the blade and curved or hooked the toe. In fact, the sticks I've designed for Victoriaville are hooked. We've tried to keep the blade straight for six to eight inches and then violently hook the toe. We will explain why when we get to shooting. However, a straight blade is best to learn the puckhandling skills. You deserve a pat on the back if you can get your son to use one. You should also stay away from blades with curved or hooked bottom edges until the boy is old and experienced enough to determine if these special blades are of any advantage to him. I am often asked, "What is the best stick on the market for a boy?" Well, there are so many sold nationally along with the number sold on just a regional basis, that I really don't know. All I can suggest is to find the manufacturer that makes the highest lie and buy the best boy's stick in that line. It has been my experience that some manufacturers of boys' sticks put an adult-sized handle — one with the same degree of flex bend — on a small blade in their top line of youths' sticks. This is a serious handicap. I am not convinced that the handle is too thick for small hands to grip, but combined with oversized gloves with thick palms, it does become difficult. Generally, the adult-sized handle is so stiff that it lacks another ball of wax. More on the hockey stick next week.

### Jobs for students

Application forms for the federal job creation program, Young Canada Works, are now available at Canada Manpower centres.

Established groups and organizations including private businesses who wish to develop, sponsor and administer community-oriented projects have until Feb. 17 to submit proposals.

Young Canada Works is designed to enable students to obtain work experience with established employers and organizations to prepare themselves for their future careers and education. Maximum federal support is \$25,000 for projects which can operate up to 18 weeks. Projects may commence on May 1, 1978 and must end by September 8, 1978, creating at least three full-time jobs for six consecutive weeks.

The projects submitted must create new jobs that would not otherwise be done without funding under the programme.

### BRENTWOOD HARDWARE & ATHLETIC SUPPLIES

Trafalgar Square, Brentwood Bay

### Film Processing by Island Color Labs

1 DAY SERVICE on Kodacolor & Fujicolor Rolls.

652-2822



### BRENTWOOD & SIDNEY TAKE-OUT

### FEBRUARY SPECIAL

\* 2 pcc. CHICKEN

\* 1 small box of our Famous WEDGE FRIES

\* Med. size COLESLAW

ALL FOR \$4.99

Kentucky Style Chicken

**Brentwood Inn**  
7172 Brentwood Drive  
Brentwood Bay  
Vancouver Island  
NEXT TO MILL BAY FERRY  
Reservations 652-2413  
Hours 9 a.m. - 12 a.m. daily

### FEBRUARY SPECIAL

LOBSTER COCKTAIL  
HOME MADE SOUP DE JOUR  
SALAD BAR  
OVEN BAKED SCONE BREAD

BONELESS PAN FRIED  
CHICKEN ALMONDINE

FRESH VEGETABLE & POTATOE  
SPANISH COFFEE

\$10.95

Sunday Brunch 11:30 a.m. - 2:30 p.m.

ALBERTA GRASS FED BEEF  
BEEF STANDING RIB ROAST L.B. \$1.49  
FULL CUT BONE IN BEEF CHUCK STEAK L.B. 69¢

FRIDAY & SATURDAY ONLY FRESH

QUARTER POUND BEEF PATTIES

L.B. 89¢ 12 L.B. BOXES 79¢

FATT'S FRESH CUT CHICKEN SEGMENTS

BREASTS \$1.39 DRUMSTICKS \$1.29

LEGS \$1.29 WINGS L.B. 79¢

THIGHS \$1.29

FRESH SLICED BABY BEEF LIVER L.B. 69¢

Weight loss in cutting, boning and trimming will increase the price per pound

**Local Butchers**

Open Daily 8:00 a.m. to 5:30 p.m. 656-5501

Where meats are a specialty, not a sideline.

**FOOD GIANT**  
WEST SAANICH RD.  
across from the Brentwood Office  
WE RESERVE THE RIGHT TO LIMIT QUANTITIES WHILE STOCKS LAST  
Prices Effective Feb. 2-5, 1978  
OPEN 7 DAYS A WEEK 9 a.m. to 9 p.m. Daily 10 a.m. to 9 p.m. Sundays

<b>HIP ROASTS</b> (Boneless) RUMP, BARON, SIRLOIN TIP	GRADE 'A' BEEF \$1.69 LB.	<b>SIRLOIN TIP STEAK</b> (Boneless)	GRADE 'A' BEEF \$1.89 LB.
<b>BEEF SAUSAGE</b> FLETCHER'S	99¢ LB.	<b>WIENERS</b> MAPLE LEAF V.P. 1 lb. Pkg.	89¢
<b>BRAN CEREAL</b> KELLOGG'S NEW! CRACKLIN 350 gr.	89¢	<b>CAKE MIXES</b> DUNCAN HINES 18 oz.	73¢
<b>SHORTENING</b> CRISCO 1 lb. Ctn.	69¢	<b>TUNA</b> FOUR STAR FLAKE BONITA 6 oz. tin	79¢
<b>WHITE SUGAR</b> B.C. 4 KG.	\$1.79	<b>TEA BAGS</b> SALADA large pkg., 120's	\$3.49
<b>ROLLED OATS</b> ROBIN HOOD 2.25 KG.	\$1.29	<b>NAPKINS</b> SCOTT RAINBOW Family pkg., 180's	99¢
<b>SPARTAN APPLES</b> B.C.	4 LBS. 99¢	<b>ANJOU PEARS</b> B.C.	3 LBS. 89¢
<b>CELERY</b> CALIFORNIA FRESH	EACH 39¢	<b>BROCCOLI</b> CALIFORNIA FRESH	2 LBS. 89¢